A 10-YEAR CLINICAL AND RADIOLOGICAL FOLLOW-UP OF PATIENTS UNDERGOING MAXILLARY SINUS FLOOR ELEVATION USING ADIPOSE STEM CELLS

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Introduction 150.000 dental implants are placed annually in The Netherlands to replace missing teeth. Often bone-quantity at the implant-site is insufficient for dental implant-placement. Boneaugmentation is then required. Autologous bone is still the gold-standard, but this has major disadvantages e.g., limited bone-volume and donor-site morbidity. Bone tissue-engineering using stem

cells is emerging as a promising alternative.¹ Earlier, we performed a phase-1 clinical trial using autologous adipose stem cells (ASCs) applied in a one-step surgical procedure.² Ten patients undergoing maxillary sinus floor elevation (MSFE) to increase vertical bone-height for implant-placement (**Fig. 1**) received a calciumphosphate bone-substitute plus ASCs on one side, whereas bilaterally-treated patients (6 of 10) received pure calcium-phosphate on the opposite side. Short-term feasibility, safety, and potential efficacy of ASCs for bone-regeneration has already been demonstrated.²



Figure 1. MSFE-procedure

Purpose This study aimed to assess the long-term, 10-year, clinical and radiographic outcome of ASC-supplementation in MSFE. Primary objectives were implant-survival and success rate. Secondary objectives were determination of soft tissue quality, oral hygiene, and radiological evaluation of peri-implant-bone and graft volume.

Methods All 10 patients who participated in the phase-1 clinical trial², were included in the 10-year follow-up. Clinical and radiographic assessments (panoramic-radiographs and cone-beam CT-scans) were performed on 44 implants (pre-MSFE and post-MSFE (0.5–10-year)).

Results No adverse events were reported during the 10-year follow-up. All 44 implants remained functional, with a 100% survival rate. No implants showed mobility or suppuration. Other secondary objectives are currently being analyzed.

Conclusions This is the first bone tissue-engineering study worldwide evaluating the long-term, 10-year, additive value of ASC-supplementation for jaw-bone reconstruction using MSFE. ASC-supplementation showed to be safe without negative clinical results. Whether it resulted in more bone-formation in the long-term still needs to be confirmed.

¹Wu V ea Stem Cells Int. 2019:6279721. ²Prins HJ ea Stem Cells Transl Med. 2016:5:1362-74.