

2025

Postdoc

**Appreciation
Week
NL**

Event programme

15 - 19 September 2025

#PAW_NL

national & local events

Monday 15 SEP						Tuesday 16 SEP						Wednesday 17 SEP						Thursday 18 SEP						Friday 19 SEP						Other dates	
09:00						09:00						09:00						09:00						09:00						Monday	1 SEP
09:30						09:30						09:30						09:30						09:30						09:00-17:00	Dealing with stress Postdoc Network Amsterdam UMC
10:00						10:00						10:00						10:00						10:00						Tuesday	20 SEP
10:30						10:30						10:30						10:30						10:30						12:00-13:00	Postdoc Career Support Programme Kick-off Netherlands HersenenStaat
11:00						11:00						11:00						11:00						11:00							
11:30						11:30						11:30						11:30						11:30							
12:00						12:00						12:00						12:00						12:00							
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online/open

local events/with access to external postdocs

local events, restricted access

2024

Postdoc

Appreciation Week

NL

Monday	15 SEP				
09:00					
09:30					
10:00					
10:30					
11:00					
11:30					
12:00		Work Happiness lunch Donders Institute	From struggles to success lunch talk Amsterdam UMC	Professional portrait photoshoot Amsterdam UMC	Take your postdoc for lunch campaign UMC Groningen
12:30					
13:00	Self-leadership card game inspired workshop (offline) Erasmus MC				
13:30					
14:00					
14:30					
15:00					
15:30					
16:00	Central Kick-Off #PAW_NL (online)	Open consultation confidential advisor Amsterdam UMC	Postdoc Coaching Slots #PAW_NL (online)		
16:30					
17:00			<i>Link will be available soon</i>		Postdoc drinks CAPHRI (Maastricht)
17:30					
18:00					

	online/open
	local events/with access to external postdocs
	local events, restricted access



Click on each event to go to the corresponding contact or registration page

Tuesday	16 SEP					
09:00						
09:30						
10:00	How to manage stress & pressure at work Amsterdam UMC (online)	Well-being carousel Donders Institute	Professional portrait photoshoot Amsterdam UMC (Public Health)	Open consultation confidential advisor Amsterdam UMC	Professional portrait photoshoot Amsterdam UMC	
10:30						
11:00						
11:30						
12:00	Talent Tracks Radboudumc	Career Catalyst Lunch Erasmus MC				Lunch and Link #PAWNL (Online)
12:30						
13:00						
13:30						
14:00	Turn your science into a demo Donders Institute	Research Impact Donders Institute	Postdoc Coaching Slots #PAW_NL (online)			
14:30						
15:00						
15:30	Careers beyond your Postdoc paired masterclass #PAWNL (Online)					
16:00		Coaching slots Radboudumc	<i>Link will be available soon</i>	Kick-off event & Networking drinks MUMC+/UM		
16:30						
17:00						
17:30						
18:00						

	online/open
	local events/with access to external postdocs
	local events, restricted access



*Click on each event to go to the corresponding contact or registration page.
In case of missing links, please contact your institute.*

Wednesday 17 SEP					
09:00					
09:30					
10:00	Inspiring career paths I Female Empowerment Maastricht (FEM)	Postdoc Coaching Slots #PAW_NL (online) <i>Link will be available soon</i>	PostDoc Forum discussion University Groningen	Discussion with the Scientific Director Radboudumc	Professional portrait photoshoot Amsterdam UMC
10:30					
11:00					
11:30					
12:00					
12:30					
13:00					
13:30					
14:00	Let your voice be heard workshop Amsterdam UMC		Brightminds: unlock your impact beyond academia Brightlands (Maastricht)		
14:30					
15:00					
15:30					
16:00					
16:30					
17:00					
17:30		Postdoc ping pong network dinner Amsterdam UMC			
18:00					
18:30					
19:00					
19:30					
20:00					

	online/open
	local events/with access to external postdocs
	local events, restricted access



Click on each event to go to the corresponding contact or registration page.
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Thursday	18 SEP												
09:00													
09:30													
10:00	Coaching as a leader Postdoc Network Amsterdam UMC	Postdoc Futures: Toward sustain- able careers at UM Round-table dis- cussion (Maastricht Young Academy)	D&I session University Groningen			WUR Post- doc Day full day programme Wageningen UR	Valorisation festival full day programme Amsterdam UMC	Professional portrait photoshoot Amsterdam UMC	Open consultation confidential advisor Amsterdam UMC				
10:30				A Scientist's Path to a Non-Academic Job workshop Radboudumc									
11:00													
11:30													
12:00	Lunch & Walk Prevention & Vitality MUMC+		GroeiGroos Postdoc session Erasmus MC		Postdoc Coaching slots Radboudumc								
12:30													
13:00													
13:30		Inspiring career paths II Female Empower- ment Maastricht (FEM)	Overcoming the imposter syndrome workshop Amsterdam UMC										
14:00													
14:30	Balance your energy Donders Institute												
15:00													
15:30													
16:00	Postdoc Ponders speed dating & networking drinks Donders Institute	Information session & networking drinks UMCG											
16:30													
17:00													
17:30	Postdoc Meet up Network gathering Erasmus MC						Network event LUMC						
18:00													
18:30				Pubquiz and drinks night Sanquin									
19:00													
19:30													
20:00													

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Postdoc

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Friday	19 SEP	
09:00		
09:30		
10:00		
10:30	University library services talk UM/MUMC+	Open consultation confidential advisor Amsterdam UMC
11:00		
11:30	Coaching slots Radboudumc	
12:00		
12:30		
13:00		
13:30	Postdoc Picnic GROW postdoc representatives (MUMC+)	
14:00		
14:30		
15:00		
15:30		
16:00		
16:30		
17:00		
17:30	Postdocs Off Duty drinks Radboudumc	
18:00		

	online/open
	local events/with access to external postdocs
	local events, restricted access



Click on each event to go to the corresponding contact or registration page

Other dates		
Monday		1 SEP
	09:00-17:00	Dealing with stress Postdoc Network Amsterdam UMC
Tuesday		23 SEP
	12:00-13:00	Postdoc Career Support Programme Kick-off Nederlands Herseninstituut
Tuesday		23 SEP
	09.30-13.00	Postdoc Coaching Slots #PAW_NL (online) <i>Link will be available soon</i>
Wednesday		24 SEP
	12.30-17.00	Postdoc Coaching Slots #PAW_NL (online) <i>Link will be available soon</i>

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