

Amsterdam UMC



Science & Awards Day

2026



06 MARCH 2026

AMSTERDAM UMC, LOCATION AMC,
COLLEGEZAAL 4

Event Agenda

06. MARCH 2026

9:00	Opening of the day by dean
9:15	Keynote lecture: How to survive academia Speaker: Dr. Joeri Tijdink
9:50	Award: Best thesis
10:20	Award: Best thesis design
10:45	Morning Workshops M-Power Transferrable skills Grant writing From academia to industry- A valorisation perspective
12:00	Networking Lunch+ poster presentations
13:00	Award: Best publication
13:20	Award: Best poster
13:50	Evening Workshops Navigating your relationship with your supervisor(s) Transferrable skills Publication 101 Crash course in supervising students
15:20	Keynote lecture: Gender studies Speaker: Dr. Petra Verdonk
15:50	Intermezzo Band: Roman Oro
16:10	Award: Young talent fund
16:30	Award: Scholarships
17:00	Borrel

Workshop description

06. MARCH 2026

Morning workshops

M-Power

By: Barbara Leitner

Description: The M-Power workshop is designed to empower early-career researchers to speak up and foster a culture that prioritizes integrity and responsibility in research. You will learn how to communicate and to speak up in unbalanced power relations, understand the dynamics of academic relationships, recognize and reflect on responsible research practices, identify and address power imbalances within academic settings.

Transferable skills

By: drs. Audrey Peters - AcademicTransfer

Description: Have you ever thought about the skills you are developing during your PhD – and how valuable they are outside academia? Do you know which skills employers are really looking for? And more importantly: can you clearly identify and present them with confidence? In this presentation we will give you an overview of the different career paths for young researchers after your PhD. We will show you the core competencies you have gained as a researcher, how to highlight these transferable skills and how to effectively showcase them.

Grant Writing

By: Isabelle Wartelle

Description: On behalf of the departments Research Policy Office and Research Grant Support you will learn about the common and essential principles of Grant Writing. The session will introduce key concepts and provide an overview of what researchers need to know when addressing these areas in their grant proposals.

From academia to industry-
A valorisation perspective

By: Ruben Boyd

Description: Academic work is extremely valuable, but other things loom outside of academia. Learn more about the benefits of valorisation, industry collaborations and spin-offs and making real world impact.

Keynote lecture

How to survive academia

Speaker: Dr. Joeri Tijdink

Description: While challenges such as publication pressure, job insecurity, supervision dynamics, and inevitable research setbacks are part of academic life, PhD candidates struggle to survive in academia. In this talk, wellbeing in academia through the lens of the PhD journey will be discussed. Drawing on research on mental health in academia, I highlight key stressors and protective factors, and conclude with concrete, hopeful actions for PhDs, supervisors, and institutions to build healthier, more sustainable academic cultures (and try to have more fun).

Workshop description

Evening workshops

Navigating your relationship with your supervisor(s)

By: Jordi Cabanas-Danés

Description: In this workshop, we will discuss common dynamics in supervisory relationships and how to manage expectations, handle feedback, and foster a constructive partnership with your supervisor(s). The session will provide practical strategies to help you strengthen your professional relationship and ensure a more supportive and successful doctoral experience.

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Publication 101

By: Dr. Callista Mulder

Description: Unlock your writing potential in a workshop for those eager to make their research writing more engaging. Dr. Callista Mulder (Assistant Professor at the Reproductive Biology Laboratory) will guide you in this through creative exercises and storytelling. You will learn how to find flow, overcome those dreadful writer's blocks, and communicate science with clarity and confidence. This session will help you create the right mindset to let your words come naturally and bring your written work to life.

Crash course in supervising students

By: Danielle Verhulst

Description: As a supervisor, you will have numerous conversations with students, covering their submitted work and skills, the process, and their professional behavior and development. These conversations can sometimes be challenging. In this dynamic workshop, we will dive into common situations, practice conversations, and share valuable experiences. Discover practical tips and gain tools to fulfill your role confidently and enthusiastically as a supervisor.

Keynote lecture

Closing gender gaps, and more. Integrating sex, gender and intersectionality in (bio)medical and health research

Speaker: Dr. Petra Verdonk

Description: In this presentation, dr. Verdonk discusses sex, gender, and intersectionality. For a long time, male perspectives have dominated the medical field in research, influencing what is interesting to study, how research funding must be allocated, and also, how bodies and health should be studied and which methodologies are considered robust science and which are not. Therefore in health research and at all levels, women's and sex and genderdiverse bodies and lives have long been overlooked. This patriarchal history not only requires recognition; the knowledge gap has consequences for patients' health and lives over the lifecourse, and at huge societal costs, and should be closed.

How can we integrate (biomedical) sex and (sociocultural) gender in health research at all levels, from lab research to participatory research with the people whose lives are concerned? Women's health advocates have developed policies, courses, networks, websites, methodological tools and examples and made them available for researchers. In this talk, an overview is presented. Because integrating sex and gender and other aspects of diversity may increase the complexity of research, it also increases its ecological validity, quality of care, and ultimately, people's and societal health.