

# Program 'NESDA dag' Monday 10 October 2022

Amstelzaal, Amsterdam UMC, location VUMC, (use main entrance hospital)

De Boelelaan 1117

1081 HV Amsterdam

## 10:30 -11:00 Registration and tea/coffee

### Presentations (in English)

11.00-11:10 - Welcome - Aartjan Beekman

11.10-11:35 – Immunometabolic depression: Are we ready for personalized medicine? – Yuri Milaneschi & Femke Lamers

11.35-12:00 – Recent (genetic) insights in population mental health - Hanna van Loo

12:00-12:25 – What have we learned from family studies on depression and anxiety? – Bernet Elzinga

12.25-12.50 – COVID lessons from NESDA and beyond – Almar Kok

12:50 - 13:40 Lunch break

13.40 - 13.45 Group photo shoot

#### Presentations of NESDA and relevant (new) projects (in English)

13.45-14:10 – 2022: How is NESDA's progress? - Brenda Penninx

14.10-14.20 - MARIO & NESDA Next - Melany Horsfall

14.20-14.30 – Zwaartekracht project 'Stress-in-Action' – Brenda Penninx

14.30-14.40 - Zwaartekracht project 'new science of mental disorders' - Bernet Elzinga

14.40-14.50 - Depression with childhood trauma (Reset and VIDI) - Christiaan Vinkers

14.50-15.00 - Network of Treatment resistant depression - Robert Schoevers

Discussion / Questions

#### 15:15-15:40 Tea/coffee break

#### Junior presentations (in English)

15.40-15:50 Childhood trauma and anger in adults with and without depressive and anxiety disorders

— Nienke de Bles

15.50-16:00 A good night's sleep for a good mood? Unraveling intra- and interindividual temporal associations between overnight affective inertia, depression and sleep quality—Marjolein Hannink

16.00-16:10 Network analyses of depression and metabolomics – Arja Rydin

16:10-16:20 Stability of suicidal ideation across depressives episodes over 9 years – Liia Kivela

16:20-16:30 Functional MRI correlates of emotion regulation in relation to depressive load measured over nine years – Rozemarijn van Kleef

16:30-16:40 Machine Learning analyses of stress data—Philip Habets

#### 16.40- 16.45 Closing (in English)

16.45-18:00 Drinks & small bites