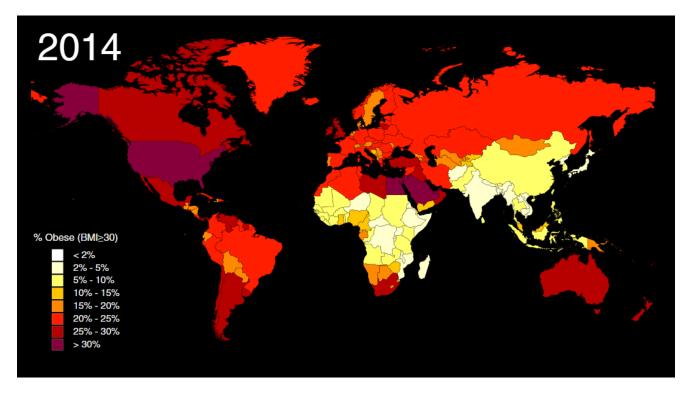
Food as a drug

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Obesity is a preventable major risk factor for the development of

- type 2 diabetes,
- cardiovascular disease and
- several types of cancer

Background

 Changes in central nervous system (CNS) reward and satiety in obese individuals resemble changes in patients with addiction



 Changes in central nervous system (CNS) reward and satiety responses to food predict future weight changes

Volkow ND et al. Obesity Reviews 14:2-18, 2013

Influences on CNS responses and food intake

Previous projects

- Insulin
- GLP-1 (RA)
- Bariatric surgery

Current projects

- Microbiota
- Acetate

Genetic vs environmental factors

Future

- More insight into the pathophysiology
- New (combinations) of interventions

